

S P A

Surrounded by umbrella pines, cypress trees and ancient olive trees, the estate of the Château de la Messardière flourishes in the rich Mediterranean landscape.

The lush citrus and flower gardens boast a wealth of botanical treasures, from which we extract essential oils for your personal enjoyment and wellbeing.

Throughout your beauty getaway, you can select the natural fruity and floral scents that will enhance your treatments and infusions.

With over 1,300 square meters of fully renovated spa space, you can choose from one of our 9 single or double cabins, depending on your needs where you can indulge in a donkey milk or essential oil bath and an Iyashi Dôme treatment with your total relaxation in mind.

The Royal Suite is the perfect place for you and your partner to share moments of pure relaxation enjoying body and facial treatments. This spa highlight offers you the exclusive experience of a levitation pool, hammam and sauna.

The indoor pool, hammam and sauna (mixed gender) are a soothing break from the hustle and bustle of summer.

Afterwards, the gentle scents of the garden will guide you to one of our indoor or outdoor fitness rooms nestled among the pine trees, offering you a panoramic view of the sea.

You can also enjoy 2 tennis courts and a yoga pavilion set in the heart of our pine forest.

VALMONT

As heir to the Swiss medical tradition, the Valmont brand supports both men and women with a collection of skin, hair and body treatments.

Valmont defies the laws of aging through the use of unique cell extracts and patented technology. It brings its anti-ageing expertise directly to its treatments.

SODASHI

Sodashi is one of the world's purest organic skin care ranges and spa brands and is Australian-made. A Sanskrit word, Sodashi means wholeness, purity and radiance. Founded by Clean Beauty Pioneer Megan Larsen in 1999, Sodashi has set the benchmark for natural skin care globally. The brand enjoys international success supplying the most exclusive spas in over 25 countries worldwide. The extraordinary range of skin care products and spa treatments is unparalleled in terms of results and purity. Produced in the company's own laboratory, the skin care products are certified natural cosmetics and authorised to hold the ICADA "Clean Beauty" label.



These treatments can be carried out in the home, on land or at sea.



These treatments are adapted to the current health situation with a strict social distancing protocol..

Valmont Facial Treatments



HYDRATION *Source des Bisses*

60 min - 195 € / 90 min - 255 €

Skin is plumped and smoother, signs of fatigue are erased.

ÉNERGY *Vitalité des Glaciers*

60 min - 195 € / 90 min - 255 €

Skin is regenerated, firm and radiant.

ANTI-WRINKLE AND FIRMING *Sommet du Cervin*

60 min - 195 € / 90 min - 255 €

Skin is lifted and re-densified.

EYES - REFLECTION ON A FROZEN LAKE

45 min - 145 €

Your eyes will look radiant and youthful.

BEAUTY COACH

Initiation course : 30 min - 60 €

This summer, Le Spa Valmont at La Messardière is offering its best Skincare tips, presenting a unique opportunity to learn the right techniques for cleansing and resculpting your face in front of a mirror. Make an appointment with your beauty coach and learn how to reproduce each technique. All the skincare products necessary for your introduction are made available to you.

Valmont Facial Treatments



Airelles Château de Versailles, Le Grand Contrôle offers you :

MAJESTIC MIRROR TREATMENT

1h45 - 395 €

To celebrate the opening of our new Maison Airelles, the legend of Marie Antoinette crosses the threshold of another castle. The Majestic Mirror treatment is an ode to purity, combining two cleanses and three massages. This complete treatment targets the face and décolleté. The essential collagen sheet added to two other masks will give you a real makeover.

Valmont Body Treatment

FIT AND TONE - THE ULTIMATE IN SLIMMING

50 min - 155 €

In-depth reshaping of the figure. Kneading, tapping, friction and smoothing techniques for a toned and slender body.

Men's Treatments

We recommend that you shave at least three hours before your facial.

VALMONT CLEANSING FACIAL *Pureté des Alpes*

45 min - 160 €

A purifying treatment that will balance and smooth your skin.
For those in search of clean and clear skin.

VALMONT ENERGISING FACIAL

60 min - 195 €

A personalised facial that will moisturise and soothe your skin.

SODASHI FACIAL

60 min - 195 € / 90 min - 255 €

The Sodashi anti-ageing facial begins with an exfoliating Himalayan salt back massage to relieve stress and tension in the body and mind. This is followed by a cleansing and exfoliating facial to restore the skin's natural balance. The soothing mists with the woody aroma of Sodashi will desensitise your skin. A relaxing facial massage will help tone and firm the muscles and an intense mask will nourish and hydrate your skin, leaving it fresh and radiant.

BACK OR CHEST WAXING

40 min - 50 €

MANICURE OR PEDICURE

30 min - 50 €

Iyashi Dôme

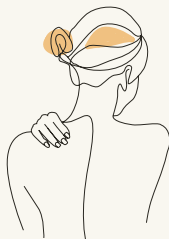
1 session 30 min - 80 €

5 sessions - 350 €

10 sessions - 600 €

IYASHI DÔME

The unique concept of the Iyashi Dôme Sauna is based on traditional Japanese therapies which help to tone and purify your body while improving your health. Thanks to the infrared technology, your body eliminates toxins, in particular heavy metals, by producing a deep sweat in a single session equivalent to a 20 K run (600 Kilocalories).



Body Scrub

25 min / 60 € 45 min + hydration - 90 €

The essential steps in the beauty ritual. They prepare the skin for the treatment and boost the effectiveness of the creams, milks or oils.

YOU CAN CHOOSE FROM :
FIG / LAVENDER / PINE / ROSEMARY

Body Wrap

25 min - 60 €

Eliminates toxins, stimulates cell renewal, moisturises and improves blood circulation.

Baths ✱

LEVITATION POOL

25 min - 70 €

For ultimate physical and mental relaxation, helps to regain tone, soothes pain, deeply relaxes muscles and softens the skin.

À LA BRUNE TROPÉZIENNE (DONKEY MILK) IN ROOM OR AT THE SPA 25 min - 70 €

Immerse yourself in a bath of softness. Your skin will be nourished and strengthened after a sunny day and prepared for a Tropézienne evening.

YOU CAN CHOOSE FROM

25 min - 40 €

Fig / Lavender / Pine / Rosemary

Sodashi Body Treatments

SODASHI EXFOLIATION MASSAGE

60 min - 170 €

Restore balance to your body with the application of soothing warm oils, followed by a massage with mineral salt and plant essences. Choose Sodashi salts to detoxify and stimulate or to relax tired aching muscles. Hot compresses release tension and balance the body and mind. Finish with a richly scented Sodashi moisturiser or body oil to leave your skin feeling vibrant and replenished.

SODASHI DETOX BODY TRAITEMENT

90 min - 270 €

Combining the richness of sea plants, algae, sea minerals and plant essences, this treatment is deeply detoxifying. A full body exfoliation with Sodashi Salt Therapy Exfoliant softens the skin before a warm Sodashi Detox Body Mask is applied and a comforting body wrap. A soothing scalp massage for complete comfort and total relaxation. To finish, an invigorating body lotion or oil is massaged into the skin to leave the body feeling completely rejuvenated.

SODASHI CELLULITE SMOOTHER

90 min - 270 €

A unique and stimulating treatment to target areas affected by cellulite. Dry brushing of the body together with the application of heat packs promotes blood and lymphatic circulation, helping to flush toxins from the system and reduce water retention. A circulation-boosting massage with cleansing Juniper Berry and Grapefruit is complemented by ice packs to decongest and contour. Sodashi's Detox Body Mask is then applied, relieving the body of any sluggishness and congestion, as well as eliminating unwanted toxins. The cleansing process is enhanced by the final application of Sodashi's aromatic Contouring Body Gel and Enlivening Body Lotion, which will leave your skin feeling tight, firm and visibly smoother.

Sodashi Body Treatments

SODASHI ASIAN EUROPEAN FUSION BODY MASSAGE *90 min - 270 €*

This treatment has been developed to restore suppleness to your body and balance the body and mind through the use of ancient Asian healing elements. This massage uses light, medium or strong movements to encourage and increase lymphatic circulation, balance the flow of energy in your body and strongly focus on enhancing the elasticity of your body's fascia network. The synergy of exceptional massage techniques and Sodashi's natural plant oils and essences will nourish your skin and help relieve emotional and physical tension.

SODASHI SPECIAL SPORTS RETREAT *90 min - 270 €*

After a day of sport, bring your body back into balance with the application of soothing hot oils, followed by a massage with Sodashi Body Balance Salt Therapy to relax tired and aching muscles. Hot compresses release tension and balance the body and mind. This is followed by a fascia massage to reactivate flexibility and release pain and tension. To finish, the healing power of touch and Sodashi massage techniques are combined to deeply relax and balance the energy meridians. The synergy of Sodashi's natural plant Oils and aromatic plant Essences will nourish your skin and help relieve emotional and physical tension.

Massages

MASSAGE CHÂTEAU DE LA MESSARDIÈRE

60 min - 190 €

Created in collaboration with an osteopath. We have merged our different techniques to offer you a specific massage combining the tension and acupuncture points, stretching, and muscle relaxation.

TAILOR-MADE MASSAGE

60 min - 190 € / 90 min - 250 €

With your therapist, choose the parts of your body you wish to focus on, along with the types of pressure, techniques, and time to be spent on each part.

DETOX MASSAGE USING CUPPING THERAPY

60 min - 190 €

Suction cups help to remove toxins that clog pores, they restore the skin's softness and elasticity. They help to release and eliminate negative energy blockages for better muscular performance.

WATSU

20 min - 90 € / 40 min - 140 €

Exclusive treatment combining relaxation techniques, gentle stimulation and stretching in a heated seawater pool. The regular and continuous rocking of the body provides deep physical and psychic relaxation.

DRAINAGE RENATA FRANCA

60 min - 210 € / 90 min - 260 €

This manual technique will stimulate the activity of the lymph nodes to detoxify the body.

Massages From Around The World

HAWAII *Lomi-Lomi*

60 min - 190 €

This traditional Hawaiian practice primarily uses the forearms to provide an all-encompassing and fairly firm massage.

INDIA *Abhyanga*

Ayurvedic massage will help you create harmony within your body. The use of slow and fast movements provides an invigorating effect.

INDONESIA *Le Balinais*

Kneading, gliding strokes and stretching techniques are used to release muscle tensions and provide an intense sense of relaxation while stretching improves your flexibility.

THAILAND *THAI*

Practiced without oil, on a futon, in the Thai tradition (dressed with clothes). The pressure stimulates blood circulation while the stretching improves your flexibility. This unique massage is relaxing yet energising, it is known for clearing the energy pathways while improving postural alignment.

THAILAND *Wuo Thai*

Also called Osteo-Dance, it is inspired by the combination of dance and osteopathy, in which the movement of dance has been added. Wuo tai is the link between osteopathy and massage techniques, yoga, Korean relaxation and dance. It is a marriage union of East and West, Yin and Yang, reason and heart, matter and ether.

Osteopathy

OSTEOPATHY SESSION

50 min - 210 €

Manual techniques aimed at restoring balance to the body to prevent musculoskeletal disorders. An in-depth approach to relieve tension and regain a general sense of well-being and relaxation.

AQUATIC OSTEOPATHY SESSION

50 min - 210 €

Innovative approach practiced in hot water pools. The state of weightlessness experienced in this way facilitates the free expression of the body allowing the osteopath to establish his diagnosis and to act gently.

Fitness

Two rooms: one in the heart of our pine forest in the middle of nature totally open and the second with a view of the Gulf of Saint-Tropez, bathed in natural light.

Fully equipped with Technogym equipment. A coach is available on request.

In the gym, suitable clothing is required (*T-shirt, shorts, sports shoes*)

60 min - 160 €

Aquagym / Bodybuilding in the pool

Swimming lessons

Jogging

Personal training

Yoga

Ancestral oriental technique taught by our Master Yogi, ideal for relaxing and restoring energy. Improves flexibility and muscle tone.

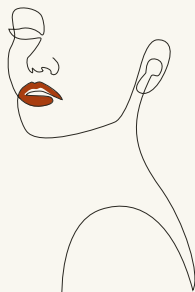
60 min - 160 €

Tennis

A fun sport accessible to all, tennis brings tone, skill and concentration. It improves mental development and cardiovascular fitness. Our tennis instructor will be happy to teach you the basics of tennis or even to improve your skills.

60 min - 160 €

Ritual Over The Course of Your Stay



To be organised over 3 to 5 days. Option of adding a lunch or tea time

VITALITY

900 €

3 sport activities
(Choose from: Yoga, Fitness, Tennis)
3 treatments
1 bath
1 Iyashi Dôme session
1 Sauna or Steam room session

BEAUTY

700 €

2 facials
1 eye treatment
1 bath
1 body scrub
1 fit and tone
1 hair treatment

Sport Gateway

Option of adding a lunch or tea time

ENDURANCE

4h - 500 €

Coaching, Tennis, Levitation Pool, Hammam, Sauna, Ice Bucket and Sport Massage.

PLENITUDE

4h30 - 450 €

Yoga or pilates, Walking in the park, Iyachi Dôme, Reflexology, Bath, Massage or facial.

RECUPERATION

2h - 350 €

Osteopathy, Château de La Messardière massage.

Well-Being Gateway

Option of adding a lunch or tea time

COCOONING IN YOUR ROYALE SUITE

3h - 450 €

Levitation pool, steam room, sauna, ice bucket, massage or watsu, Valmont facial, Valmont hair mask.

SODASHI DETOX

2h30 - 350 €

Iyashi Dôme, Sodashi Detox Treatment, and Donkey Milk Bath.

VALMONT

2h30 - 300 €

Fit and Tone Valmont body care, Valmont face care and mask application Valmont hair.

Kid's Spa - Princesses and Pirates

PRINCESS NAILS KURE BAZAAR



25 €

Nail polish for little princesses.

RITUAL OF THE PRINCESSES



AND PIRATES OF THE CASTLE TOO FRUIT

25 min - 70 €

Choose between a massage or facial cleansing for children. Satisfy their sweet tooth with this customisable magic care treatment. Princesses and pirates will enjoy a smoothie at the end of the treatment.

For children between 5 and 14 years old, the treatment is performed subject to the presence of a parent.

SODASHI TEEN'S



60 min - 150 €

De-stress your body with the application of soothing hot oils, followed by a massage with mineral salt and plant essence. Warm compresses release tension and balance the body and mind. The application of a richly scented Sodashi Body Lotion or Body Oil will leave your skin nourished and smooth. As a finishing touch, you can indulge in a full facial treatment tailored to your skin's need.

FAMILY SPA

60 min - 300 €

Start the experience with the exclusive use of the Royal Suite and its levitation pool, sauna and steam room, then continue your relaxation with a parent-child treatment.

Beauty and Grooming Treatments

EXPRESS MANICURE / PEDICURE KURE BAZAAR

Nail reshaping and polish

25 min - 35 €

HAND / FOOT BEAUTY TREATMENT KURE BAZAAR

Nail reshaping, cuticle treatment, massage, polish

50 min - 90 €

HANDS / FOOT WITH REMOVAL AND SEMI PERMANENT POLISH

150 €

HANDS / FOOT WITH SEMI PERMANENT POLISH

130 €

SEMI PERMANENT POLISH CHANGE

65 €

REMOVAL SEMI PERMANENT POLISH

35 €

Waxing

Eyebrows/upper lip/chin 25 €

Underarm 30 €

Arm 40 €

Standard bikini wax 40 €

Brazilian bikini wax 50 €

Full bikini wax 60 €

Half-leg wax 50 €

Full leg wax 70 €

Tinting

Eyelash tinting 20 min - 40 €

Eyebrow tinting 20 min - 40 €

christophe-nicolas biot
maison de coiffure



BUN BAR

Hair bun	<i>10 min - 40 €</i>
Hair bun	<i>20 min - 60 €</i>
Hair bun	<i>30 min - 80 €</i>
Evening hair bun	<i>150 €</i>

HAIR COLOR

EOS Hair color (Shampoo + conditioner)	<i>120 €</i>
Flash (Shampoo + conditioner)	<i>95 €</i>
Highlights (Shampoo + conditioner)	<i>105 € - 125 € - 145 € - 175 €</i>
Lightening (Shampoo + conditioner)	<i>115 €</i>
Color scrub	<i>90 €</i>
Gloss	<i>60 €</i>

TREATMENT AROUND THE HAIR

Shampoo	<i>17 €</i>
Conditioner	<i>25 €</i>
Mask with massage	<i>45 €</i>
Wella Plex or Liquid Hair treatment	<i>80 €</i>

COIFFURE

Package Cup (Shampoo - Cup - Brushing)	
Women	<i>À partir de 120 €</i>
Transformation	<i>150 €</i>
Men	<i>À partir de 85 €</i>
Blow dry	<i>45 € - 55 € - 65 €</i>

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WEDDINGS

1 hair style trial	150 €
3 hair style trials	300 €
Wedding day Hair bun	300 €

HAIR TREATMENT « christophe-nicolas biot »

Special split ends treatment	60 min - 150 € / 1h30 - 180 €
Organic treatment by BIOT	60 min à 45 min - 80 € / 1h - 120 € / 75 min - 180 €
Soin Botox express	45 min - 80 €
Lissage Botulinica & Botox	4h - 450 €
Soin Botox capillaire profond	2h/2h30 - 250 €

TREATMENT DO YOU DO YOU

<i>Mon protocole</i> by christophe-nicolas biot	45 min - 80 €
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CLAY CARE

Organic hair treatment (40 min) (Without blow dry)	65 €
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BARBER CUT

Beard outline (10 min)	25 €
Beard cut + outline (15 min)	35 €

BEARD TINTING

Beard color	45 €
Sideburn color	45 €

*In room, + 30% during opening hours,
+ 50% outside of opening hours.*

USEFUL INFORMATION

The facilities are open to hotel residents every day from 9am to 9pm.

The treatments can be carried out every day from 10am to 8pm.

Possibility of appointments outside opening hours
or possibility of in-room treatments with a supplement of 30%.

The indoor fitness center is open 24 hours a day.

The outdoor fitness pavilion is open every day from 7am to 8pm.

Direct line +33 (0)4 94 56 76 80 or reception 25.

TREATMENT IN VILLA OR ON YACHT

With an additional cost of 50%.

CHILDREN

Children under the age of 16 must be accompanied by an adult
at all times during their spa treatment.

Access to the spa and the fitness room is authorized for children above the age of 16.

MOBILES PHONES

The Spa is a haven of wellbeing and serenity; therefore, in consideration of other guests,
we would appreciate that you turn off your mobile phone.

CANCELLATIONS

Should you wish to cancel or reschedule your appointment, please advise us at least 24
hours prior to your appointment to avoid a 100% processing fee.

LOSS OF VALUABLE ITEMS

The management declines all responsibility for the loss of valuables and jewelry.

Net prices, including tax

